



# GAL

MEDITERRANEAN CUISINE  
BREAKFAST MENU

— FREE DELIVERY —  
CATERING AVAILABLE

— Hours —  
7am - 11 pm

[galmediterranean.com](http://galmediterranean.com)

2 NJ-37 E., Toms River, NJ 08753

**(732) 244-6262**



[galmediterranean](https://www.instagram.com/galmediterranean)



# BREAKFAST MENU

## Eggs Platters

<b>Two Eggs (Any Style)</b> <i>with Home fries</i>	<b>\$7.99</b>
<b>Two Eggs with Choice of Meat</b> <i>with Home fries</i>	<b>\$12.00</b>
<b>Steak &amp; Eggs</b> <i>NY Strip Steak and Home fries</i>	<b>\$17.99</b>
<b>Çilbir</b> <i>Poached eggs served over creamy garlic yogurt, garnished with fresh parsley – a classic Turkish delight</i>	<b>\$9.95</b>
<b>Fried Eggs with Pastrami</b> <i>Eggs cooked with Turkish cured beef (pastirma) – full of flavor</i>	<b>\$12.00</b>
<b>Fried Eggs with Ezine Cheese</b>	<b>\$11.00</b>
<i>Eggs topped with rich, tangy Ezine sheep cheese</i>	
<b>Menemen</b>	<b>\$13.00</b>
<i>Turkish-style scrambled eggs with tomatoes, green peppers, and mild spices – cooked in a pan, and served hot</i>	

## 3 Eggs Omelettes

<b>Plain Omelette</b>	<b>\$8.99</b>
<i>Classic three-egg omelette, simply seasoned and cooked to perfection</i>	
<b>Feta Cheese Omelette</b>	<b>\$10.00</b>
<i>Fluffy omelette filled with tangy, creamy feta cheese for a Mediterranean touch</i>	
<b>Spinach &amp; Feta Omelette</b>	<b>\$12.00</b>
<i>A hearty combination of fresh spinach and tangy feta cheese</i>	
<b>Hummus Omelette</b>	<b>\$11.00</b>
<i>Fluffy omelette filled with creamy hummus for a smooth, savory twist</i>	
<b>Cheese Omelette</b>	<b>\$12.00</b>
<i>Omelette filled with your choice of cheese, fresh basil, and tomatoes for a light Mediterranean flavor</i>	
<b>Vegetable &amp; Cheese Omelette</b>	<b>\$12.00</b>
<i>Bell peppers, onions, tomatoes, and melted cheese – fresh and filling</i>	
<b>Mushroom &amp; Kashar Cheese Omelette</b>	<b>\$9.95</b>
<i>Sautéed mushrooms, and melted kashar cheese inside a golden omelette</i>	
<b>Sausage Omelette</b>	<b>\$12.00</b>
<i>Eggs cooked with flavorful Turkish sucuk (beef sausage), offering a rich, and savory taste in every bite</i>	
<b>Greek Omelette</b>	<b>\$12.50</b>
<i>Fluffy eggs filled with feta cheese, tomatoes, olives and herbs—fresh Mediterranean flavors in every bite</i>	
<b>Protein Omelette</b>	<b>\$14.99</b>
<i>A hearty combination of protein packed meats and cheese</i>	
<b>Lox&amp;Onion Omelette</b>	<b>\$14.99</b>
<i>This omelette pairs silky lox with lightly caramelized onions for a clean, satisfying meal.</i>	
<b>Philly Cheese Omelette</b>	<b>\$13.95</b>
<i>Stuffed with tender shaved steak, sautéed peppers and onions, and melted cheese—this omelet brings Philly flavor to breakfast.</i>	
<b>Gallon Omelette</b>	<b>\$13.95</b>
<i>Filled with Chicken, sausage, onion, tomatoes, mushrooms, and your choice of cheese</i>	

## Poached Eggs

<b>Classic Eggs Benedict</b>	<b>\$12.00</b>
<i>Poached eggs and beef bacon on a toasted English muffin, topped with creamy hollandaise sauce</i>	
<b>Minced Meat Eggs Benedict</b>	<b>\$13.50</b>
<i>Poached eggs over a mix of lamb and beef New York-style minced meat on an English muffin, served with garlic yogurt</i>	
<b>Salmon Eggs Benedict</b>	<b>\$14.00</b>
<i>Toasted English muffin topped with smoked salmon, guacamole, poached eggs, and rich hollandaise sauce</i>	

## Crepes

<b>Your choice of filling:</b>	<b>\$12.99</b>
<i>Banana, Nutella, Strawberry, Blueberry</i>	

## Sides

<b>Cornbeef Hash</b>	<b>\$7.99</b>	<b>Corn Bread</b>	<b>\$3.99</b>
<b>French Fries</b>	<b>\$4.95</b>	<b>Blueberry Muffin</b>	<b>\$3.99</b>
<b>Home Fries</b>	<b>\$4.95</b>	<b>Bran Muffin</b>	<b>\$3.99</b>
<b>Fruit Cup</b>	<b>\$6.99</b>	<b>Extra Egg</b>	<b>\$1.50</b>

Kindly ask your server if you wish to order something not listed on the menu- we'll do our best to accomodate.

## Pancakes

<b>Pancakes</b>	<b>\$9.00</b>
<i>Classic fluffy pancakes. Served with butter, and syrup</i>	
<b>Chocolate Chip Pancakes</b>	<b>\$12.50</b>
<i>Buttermilk pancakes loaded with chocolate chips – a sweet favorite</i>	
<b>Blueberry Pancakes</b>	<b>\$12.50</b>
<i>Pancakes filled with juicy blueberries, topped with a hint of powdered sugar</i>	
<b>Banana Walnut Pancake</b>	<b>\$12.00</b>
<i>Sweet banana pancakes with crunchy walnuts – a delicious combo</i>	
<b>Nutella Pancake</b>	<b>\$14.95</b>
<i>A rich pancake spread with creamy Nutella, topped with strawberries and bananas</i>	

## French Toasts

<b>French Toast</b>	<b>\$10.00</b>
<i>Thick slices of bread soaked in cinnamon-egg custard, grilled until golden brown</i>	
<b>Stuffed French Toast</b>	<b>\$13.00</b>
<i>Thick French toast filled with sweet cream or fruit</i>	
<b>Nutella French Toast</b>	<b>\$14.95</b>
<i>Thick slices of bread spread with creamy Nutella, topped with bananas and strawberries</i>	
<b>French Toast with Choice of Meat</b>	<b>\$14.00</b>

## Waffles

<b>Waffle</b>	<b>\$9.00</b>
<b>Chicken and Waffle</b>	<b>\$13.00</b>
<i>Crispy fried chicken served over a golden Belgian waffle – a sweet, and savory favorite</i>	
<b>Banana Walnut Waffle</b>	<b>\$12.00</b>
<i>Belgian waffle topped with banana slices, and crunchy walnuts</i>	
<b>Waffle with Mixed Fruit</b>	<b>\$14.00</b>
<i>Fresh Belgian waffle topped with a colorful mix of seasonal fruits</i>	
<b>Greek Yogurt Bowl Creamy</b>	<b>\$12.00</b>
<i>Greek yogurt with dried raisins, dried apricots, granola, honey, and fresh strawberries</i>	



## Sandwiches

<b>Burger - Halal</b>	<b>\$14.95</b>
<i>Add lettuce, tomato and cheese - \$1.50 extra</i>	
<b>BLT Sandwich</b>	<b>\$15.99</b>
<b>Ruben Sandwich</b>	<b>\$15.99</b>
<b>Beef Bacon or Turkey Bacon Sandwich</b>	<b>\$13.00</b>
<i>Toasted sandwich with your choice of crispy beef bacon or turkey bacon, layered with eggs and melted cheese</i>	
<b>Corned Beef or Pastrami Sandwich</b>	<b>\$12.99</b>
<b>Turkey Club</b>	<b>\$13.99</b>
<b>Roast Beef Sandwich</b>	<b>\$14.99</b>
<b>Quesadilla</b>	<b>\$12.99</b>
<i>With Chicken - \$14.99 With Steak - \$16.95</i>	
<b>Vegetarian Quesadilla</b>	<b>\$13.99</b>

## Wraps

<b>Philly Cheese Steak Wrap</b>	<b>\$14.99</b>
<b>Chicken Cesar Wrap</b>	<b>\$14.99</b>
<b>Buffalo Chicken Wrap</b>	<b>\$14.99</b>

## Toasts & Paninis

<b>Avocado Toast</b>	<b>\$13.00</b>
<i>Toasted artisan bread topped with creamy smashed avocado, cherry tomatoes, and a sprinkle of chili flakes.</i>	
<b>Grilled Chicken Italian Panini</b>	<b>\$14.99</b>
<b>Chicken Parmesan Panini</b>	<b>\$15.99</b>

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Customers need to be aware of the risks involved in consuming raw or undercooked foods. If you have any food allergies please let your server know when ordering. Foods in this restaurant areprocessed in a kitchen that produces dishes with milk, wheat, soybean, fish, tree nuts, peanuts, eggs, and egg products.

